ANGER 101
Understand. Regulate. Respond.

Pre-Enrollment Approval Request: Anger 101 Live Online Course

Date: _____

To: _____ (Court / Attorney / Probation Officer / Employer / Agency)
Case or reference number (if applicable): _____

I am requesting approval to complete the Anger 101 8-Hour Live Interactive Online Anger Management Course to satisfy my anger management education requirement. Course details:

- Eight full instructional hours, completed in one day, plus one hour for lunch and breaks
- LIVE, instructor-led instruction on Zoom (not prerecorded or self-paced)
- Maximum 20 participants per class; camera-on participation expected
- Attendance monitored live by the instructor, with check-ins after each break
- Certificate of completion issued upon successful completion of all requirements
- Proof of enrollment available upon request

The course syllabus is attached / available at anger101.com/court-professional-referrals.

Please indicate whether this course is acceptable for my requirement:

[ ] Approved [ ] Not approved [ ] Additional requirements: _____

Participant name: _____ Signature: _____

Reviewer name and title: _____ Signature: _____

Program contact: Program Director, Anger 101 | info@anger101.com | (253) 470-6774 | anger101.com